Newsletter

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Local - Organic - Fresh

Wishing all our customers a Happy New Year

We hope you all had a peaceful Christmas.

NEWS - Welcome to the first newsletter of this our 21st year.

Help us keep box prices down. Please help us look after the boxes. They cost £1.70 each. Please take your veg out when its delivered, wipe the box out and store and return it to us on your next delivery.

We thought we would start the year with a look at who is involved with the different aspects of the work to get your lovely veg and fruit to you. Who is going to supply what in the coming year and who is helping out to make the Community of Growers run.

So first up Keveral Farm the home of the Community of Growers. Keveral is home to a cooperative of growers, some new entrants to the world of growing and some old hands. The Keveral Growers grow some of the more unusual produce you will find in your boxes. Keveral Farm is registered as Organic with the Soil Association. This year the Keveral Growers plan to grow lots of things including the following:

James - who delivers to Saltash and Plymouth will be growing a large range of crops. We are especially looking forward to his salads, tomatoes, and oriental greens.

Bill - also delivers to Plymouth and Saltash, is our contact point for customers and will be growing salads, beans and cucumbers and shiitake mushrooms.

Mark and Lambrini - will be growing lots of things including broccoli and kale, chards, spinach, lettuces and squash.

Help us keep box prices down. Always put your name as a reference for any online payments otherwise we don't know who has given us the money! We get plenty of anonymous payments through the year.

Thiago - its his first year growing alone and Thiago is going to grow peas, lettuces and spinach.

Sally will be helping updating our website after many years of hard work by Lucy.

Holly - packs your boxes and delivers to Looe and the wilds beyond. She will be out foraging, growing and also trying to keep Facebook in hand.

The Wider Community

Oli - until recently a Keveral grower he packs and delivers to Liskeard and all places north to St Neot. Oli now has Mora Farm near St Neot which is currently in conversion to full Organic status. It will be fully Organic from August 2018. He will be supplying lots of crops including soft fruit, carrots and beetroots, leeks and brassicas

Jim and Marian - pack and deliver the boxes towards Millbrook via Seaton, Downderry and many points between. They are also supplying potatoes, leeks, swedes and cabbages from Trerieve Farm which is Soil Association registered Organic.

Want to know what that weird vegetable is ? Check Facebook or call Bill

Sean - another ex Keveral Grower made good Sean and his team at the Modern Salad Grower grow at Crocodan Farm and Narkurs Nursery. Crocodan is registered Organic and Biodynamic through Demeter. They will be supplying potatoes and brassicas. They also supply occasional Non Organic punnets of micro greens and salads which cannot be registered Organic as they are grown in compost on staging. (crops cannot be called Organic if they don't spend 80% of their life in the soil). No agri chemicals are used to grow these crops.

Help us keep box prices down. Be a drop off point. Ask your friends to pick up their boxes from your house. We will be giving anyone who is a drop off 5% off their box for each other box delivered to their house.

John and Lizzie - at Penbugle Farm supply our Organic Free Range Eggs, certified by Organic Farmers and Growers.

Other Suppliers - Finally, when we can't get enough produce from the suppliers above in the tough times of year and for the 'hard to grow in Cornwall' fruits, like bananas we go to our local Organic wholesaler who is **Riverford Organics** in Devon.

We hope you will love your boxes in 2018